



InShape

West Valley City Fitness and Recreation Center News

**Need a last minute gift idea?
Looking for a gift that keeps giving all year?
Want a great stocking stuffer?
Want to give a gift the whole family can enjoy?
The West Valley City Family Fitness Center has you covered!**

No healthy holiday is complete without a gift from us.

For around \$1 per day, your family can get a membership and enjoy all that we have to offer.
Buy a gift certificate today to be used for Memberships, Day Passes, Personal Trainers, Fitness Classes, Swim Lessons, Programs and more.

Call 801-955-4000 or stop by the front desk today, and get your holiday shopping done.

Membership has its ADVANTAGES!

- AFFORDABLE Rates....Family Memberships for around \$1 per day!
 - FREE Member Fun Events
- FREE Childcare (1st hour free, \$1.50 each additional hour per child)
 - 1 FREE Fitness Assessment session per year
 - 1 FREE 4 week Fitness Class Pass each year
 - FREE Body Composition Testing
 - Members Only Locker Rentals
 - Discounts on Birthday Party Packages
 - FREE use of Rental Equipment
 - Discounts on Programs and Special Events
- Ask about our RECRUITMENT REWARDS Program....Bring a friend!

We also offer Kids Fitness Classes, Swimming Lessons for all ages, Kidz Kamp Programs, Wellness Programs and much more.



5415 West 3100 South, West Valley City, UT 84120 (801) 955-4000 www.wvc-ut.gov/fitnesscenter
Facility Hours: M-F 5 a.m. - 10 p.m. Saturday 6:30 a.m. - 9 p.m. Sunday 10:30 a.m. - 5 p.m.
Lap Swim: M-F 5 a.m. - 9 p.m. Saturday 6:30 a.m. - 8 p.m. Sunday 11:30 a.m. - 5 p.m.
Open Plunge: M-F 11:30 a.m. - 9 p.m. (slide opens at 5 p.m.) Saturday 11:30 a.m. - 8 p.m. Sunday 1 p.m. - 4 p.m.

